

## Participants UF Mindfulness Meditation Chain, April 21 and 22, 2016

Time slots	April 21, 2016 (Thursday)	April 22, 2016 (Friday)
7:00 am to 7:30 am	Sabine Grunwald	Janke Mains
7:30 am to 8:00 am	Sabine Grunwald	Jennison Kipp Searcy
8:00 am to 8:30 am	Jen Gresley	
8:30 am to 9:00 am		
9:00 am to 9:30 am		
9:30 am to 10:00 am	Monika Ardelt	Monika Ardelt
10:00 am to 10:30 am	Monika Ardelt	Monika Ardelt, Fernando Aristizabal, Roberta (Bobbi) Parker, Raja Weise
10:30 am to 11:00 am	Ana Puig	Roberta (Bobbi) Parker
11:00 am to 11:30 am	Ana Puig	
11:30 am to 12:00 pm	Angie Brown	
12:00 pm to 12:30 pm	Nancy Lasseter	Angie Brown, Kim Holton
12:30 pm to 1:00 pm	Ferdinand Lewis	Bernard Cardenas, Allysa Peyton, Kari Shattuck
1:00 pm to 1:30 pm	Ferdinand Lewis	Kari Shattuk
1:30 pm to 2:00 pm	Eliza Breda, Hoda Manafian	Acadeh Alizadeh, Hoda Manafian, Wendi Miller
2:00 pm to 2:30 pm		Billie Arnett, Sabine Grunwald
2:30 pm to 3:00 pm	Katsutoshi (Toshi) Mizuta	Katshutoshi (Toshi) Mizuta
3:00 pm to 3:30 pm		
3:30 pm to 4:00 pm		
4:00 pm to 4:30 pm	Annika Goldman, Ferdinand Kewis	
4:30 pm to 5:00 pm	Carla Gavilan, Ferdinand Kewis	Carla Gavilan
5:00 pm to 5:30 pm	Dawn Watkins	Monika Ardelt
5:30 pm to 6:00 pm		Monika Ardelt
6:00 pm to 6:30 pm	Monika Ardelt	
6:30 pm to 7:00 pm	Monika Ardelt	