

Celebrate the International Peace Day at UF
UF Peace Day 2016: “Peaceful Mind, Peaceful World”

Sept. 21, 2016 11am – 1:15pm

UF Plaza of Americas & pathway/corridor in front of the Library West

Jointly sponsored by: UF Mindfulness and the UF student CREATE CLUB.

Peace Day Schedule at UF Plaza of Americas:

11:00 am – 1:00 pm: Art for Peace Banner. Post a message of love, peace, compassion and kindness. Color a peace mandala.

Art exhibit: Victory Over Violence

11:00 am – 12:00 pm: Sit For Peace with intro gong meditation
Mindfully meditate together for peace in the world

Sit for Peace will also take place in the Reflection Rm 3325, Reitz Union

12:00 pm – 12:20 pm: Peace Flags Ceremony. Celebrating World Peace.

12:20 pm – 1:00 pm: Sing for Peace with Bob McPeck and friends

1:00 pm – 1:15 pm: River Phoenix Center for Peacebuilding presents:
“What is Peacebuilding?”



Exhibition: Victory Over Violence (VOV)

<http://www.vov.com/>.

Facilitator: Katsutoshi Mizuta, PhD student. UF student club. Student organization "World Peace Buddhist-Soka Gakkai International-USA".



Facilitator: Nancy Lasseter, EdS, LMHC.

Event info: <https://mindfulness.ufl.edu/index.php/events/>

For mindfulness and meditation practices join the group 'UF Mindfulness' in the Insight Timer app.